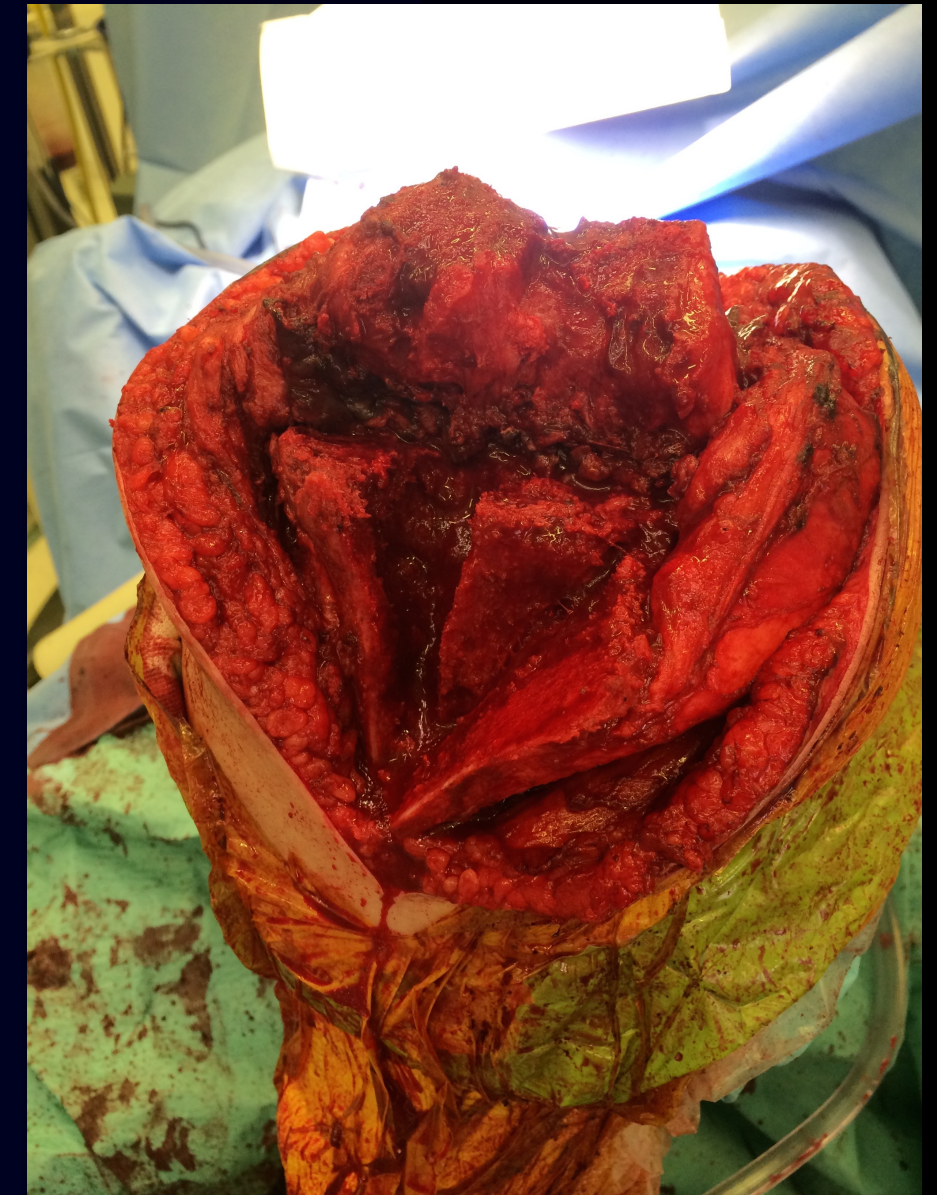


## Cone vs Sleeve:

### *How I choose*

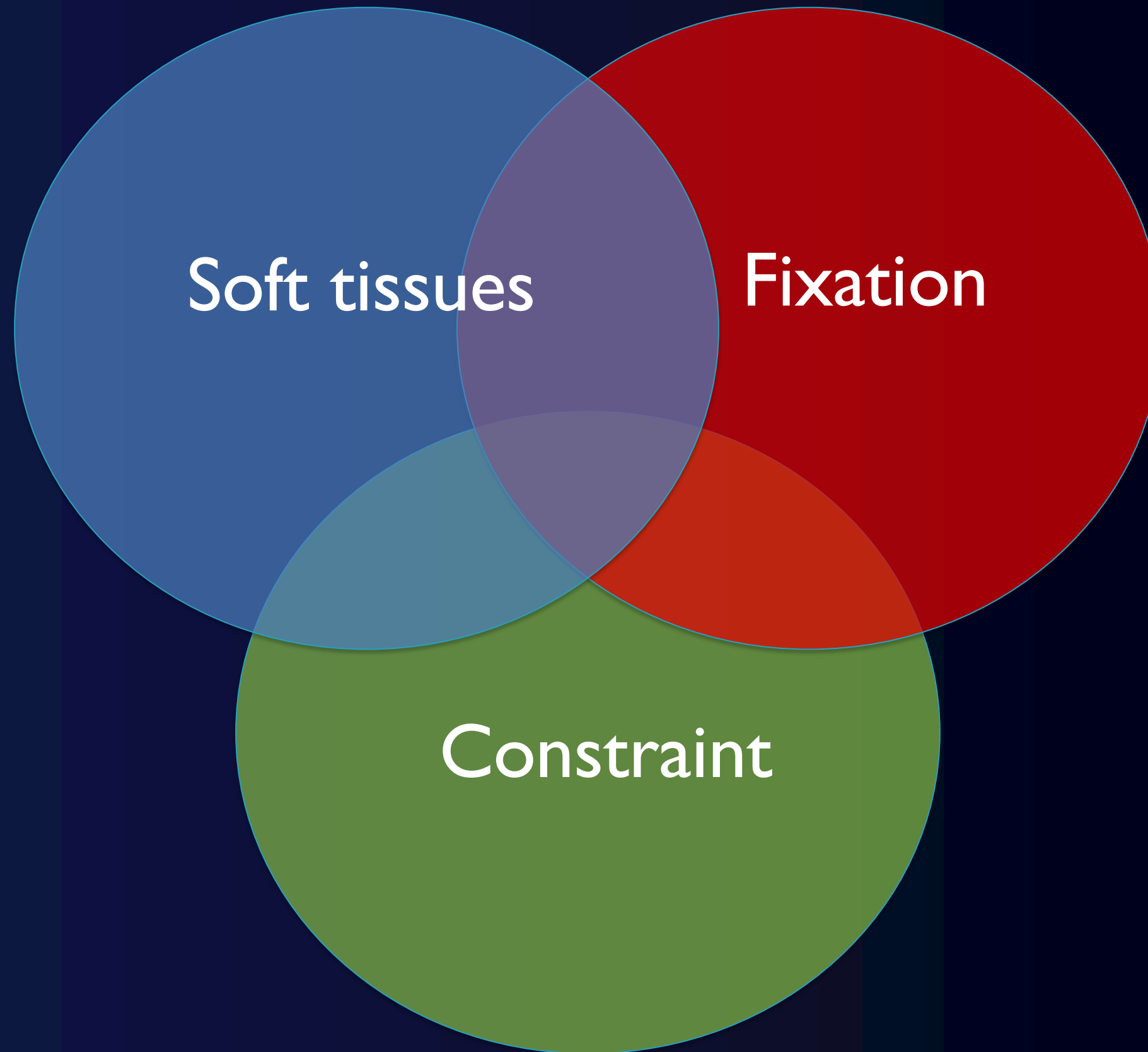
Sam Oussedik BSc MBBS FRCS(Tr&Orth)

Consultant Orthopaedic Surgeon & Clinical Lead, UCLH  
Hon. Assoc. Prof., UCL



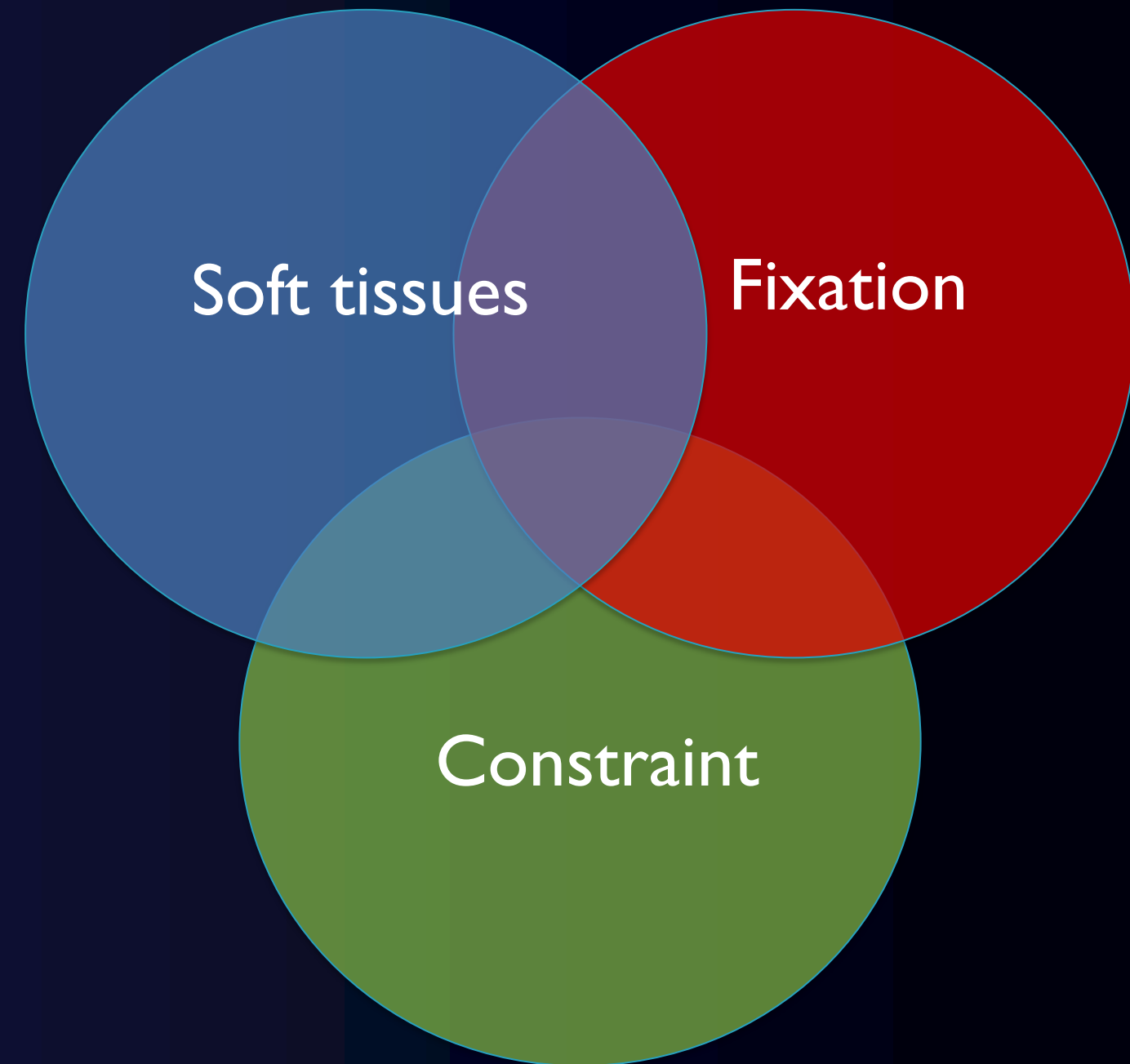
# Fixation counts!

Reason for revision	All recorded revisions, N (%)
Aseptic loosening / Lysis	34,318 (32.7)
Infection	25,150 (24.0)
Instability	15,088 (14.4)
Implant wear	12,326 (11.8)
Pain	11,786 (11.2)
Malalignment	6,044 (5.8)
Periprosthetic fracture	4,679 (4.5)
Dislocation / Subluxation	3,720 (3.5)
Other indication	9,754 (9.3)
Stiffness*	4,932 (4.7)
Progressive arthritis**	12,565 (13.3)



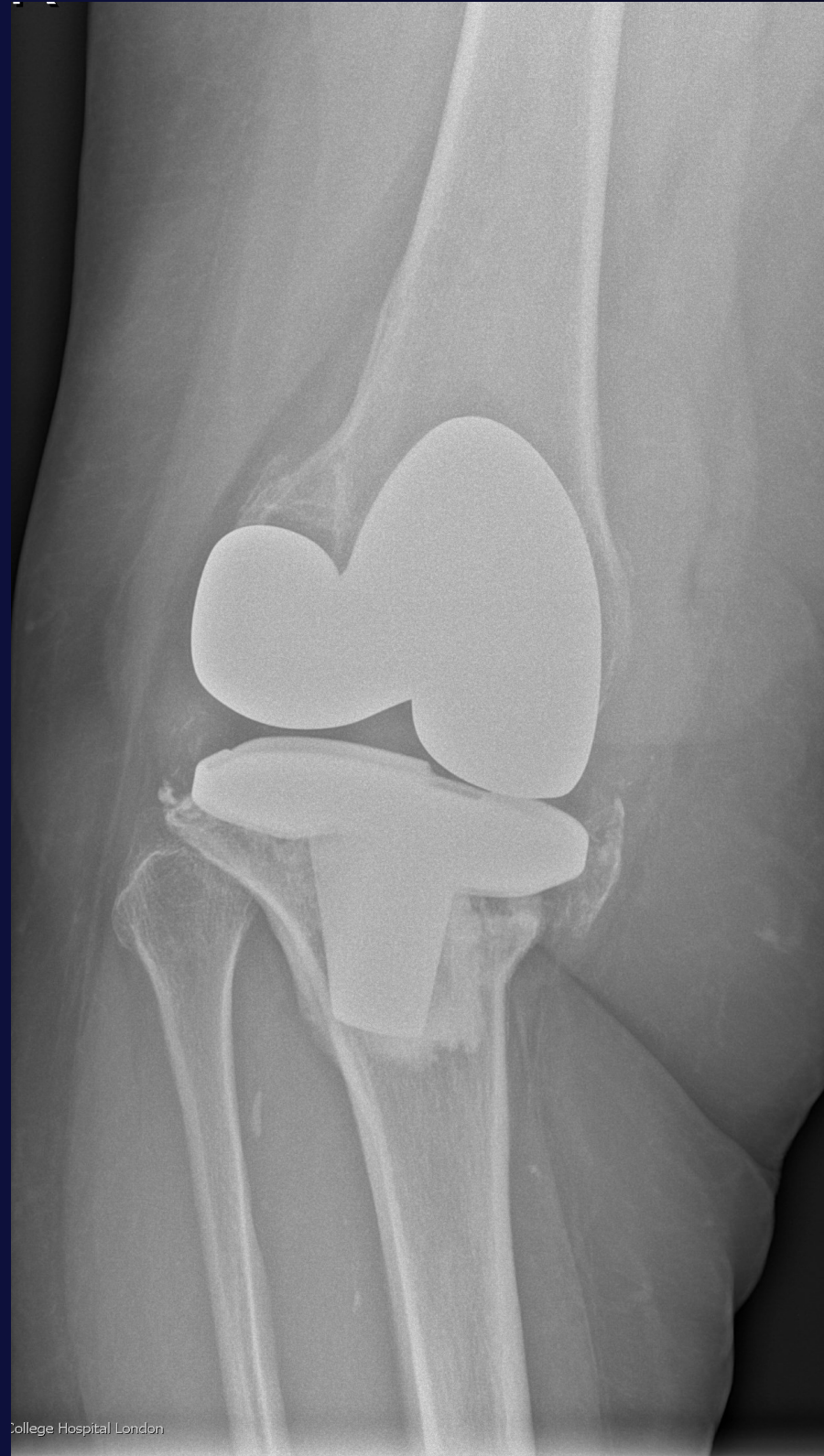
# Revision Total Knee

- Soft tissues:
  - Skin = incision
  - Access = approach
  - Laxity = constraint
- Fixation:
  - Bone loss
  - Constraint
  - Augments / sleeves / cones
- Constraint
  - Soft tissue / bone loss

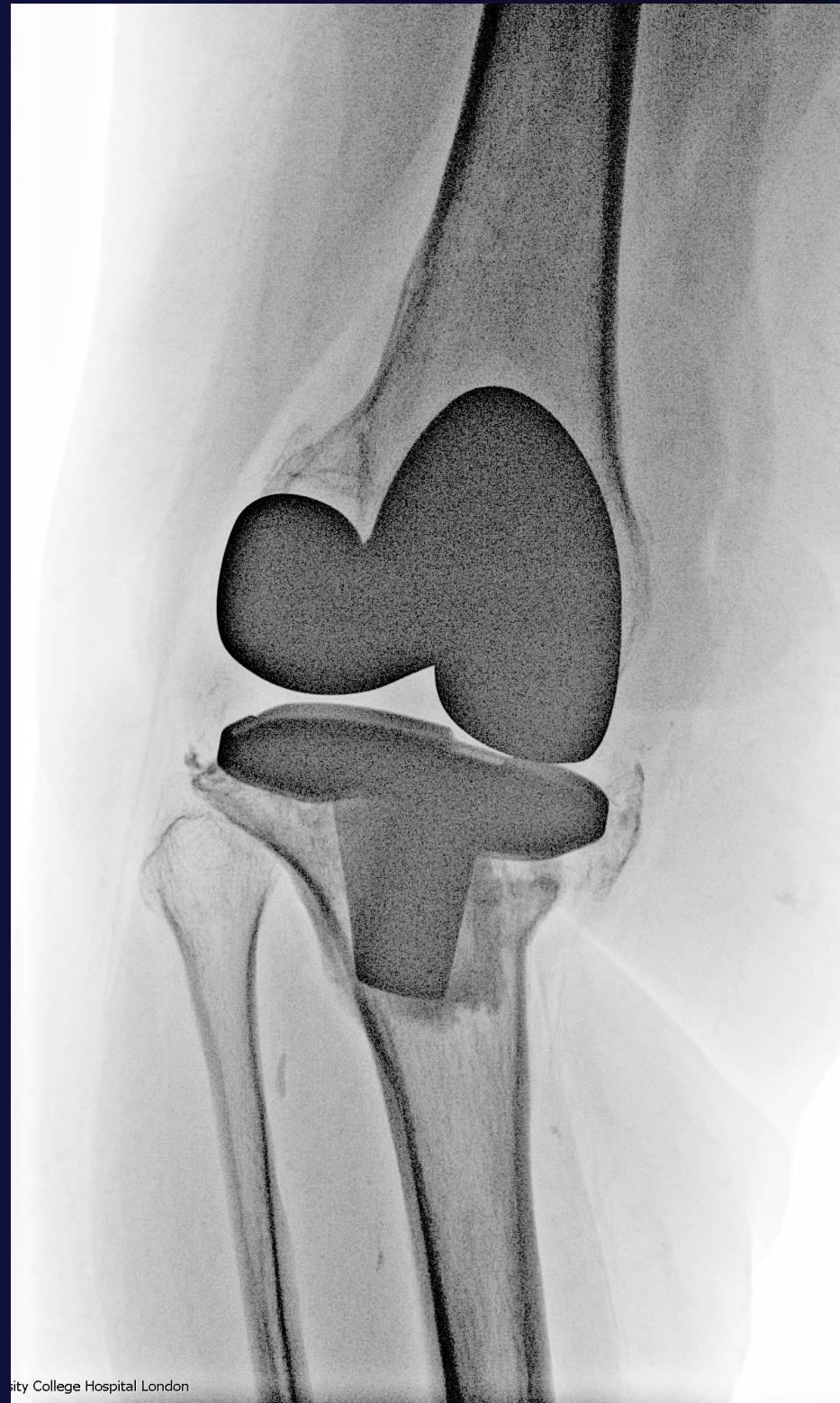




# Zonal fixation



# Zonal fixation





# Zonal fixation



## ■ SPECIALTY UPDATE: KNEE

### Zonal fixation in revision total knee arthroplasty

R. Morgan-Jones,  
S. I. S. Oussedik,  
H. Graichen,  
E. S. Haddad

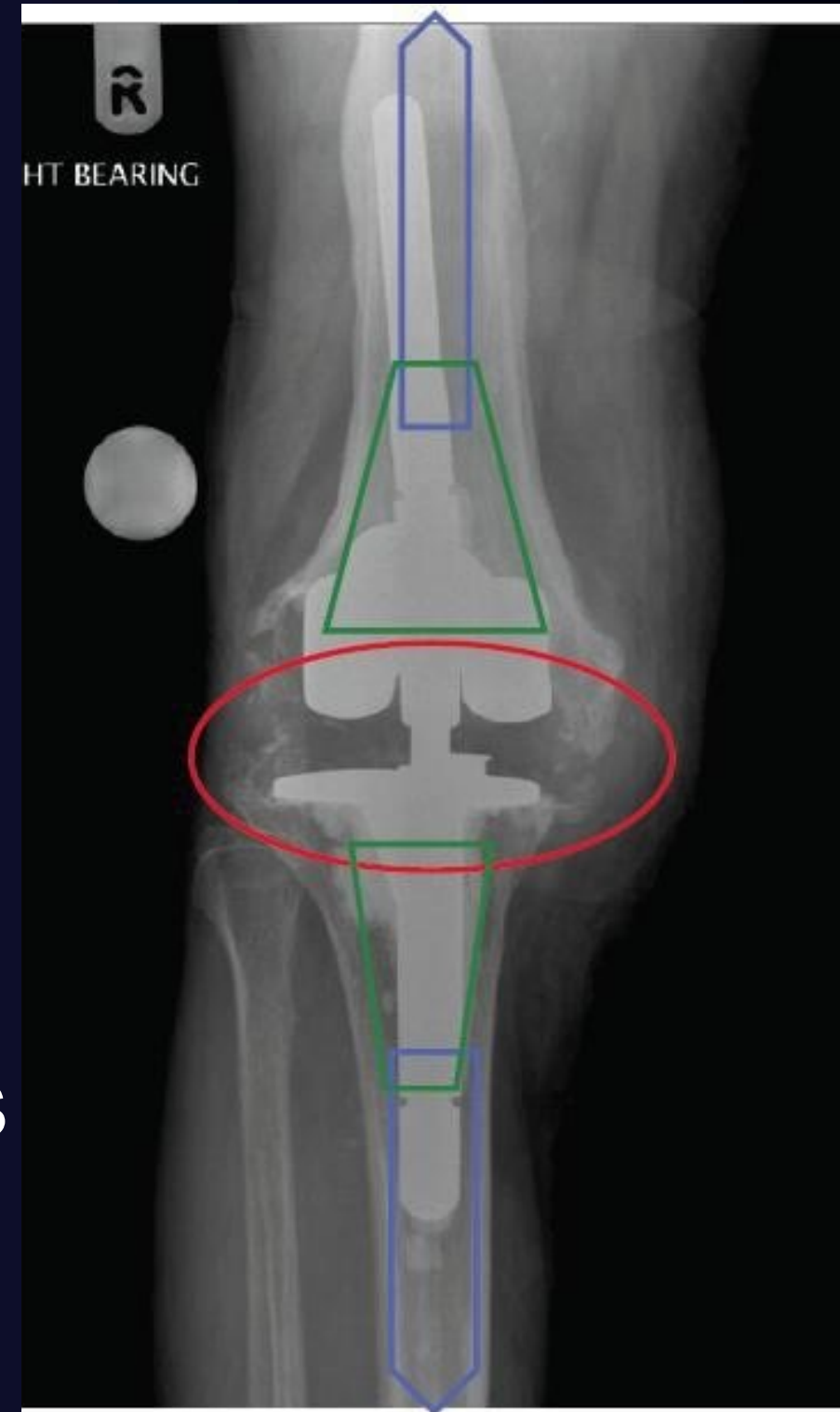
*From University  
College London  
Hospitals, London,  
United Kingdom*

Revision knee arthroplasty presents a number of challenges, not least of which is obtaining solid primary fixation of implants into host bone. Three anatomical zones exist within both femur and tibia which can be used to support revision implants. These consist of the joint surface or epiphysis, the metaphysis and the diaphysis. The methods by which fixation in each zone can be obtained are discussed. The authors suggest that solid fixation should be obtained in at least two of the three zones and emphasise the importance of pre-operative planning and implant selection.

Cite this article: *Bone Joint J* 2015;97-B:147–9.

# Zonal fixation

- Zone 1: Epiphysis / Joint surface
- Zone 2: Metaphysis
- Zone 3: Diaphysis
- Gain fixation in at least 2 zones



# Zone 2: Metaphysis

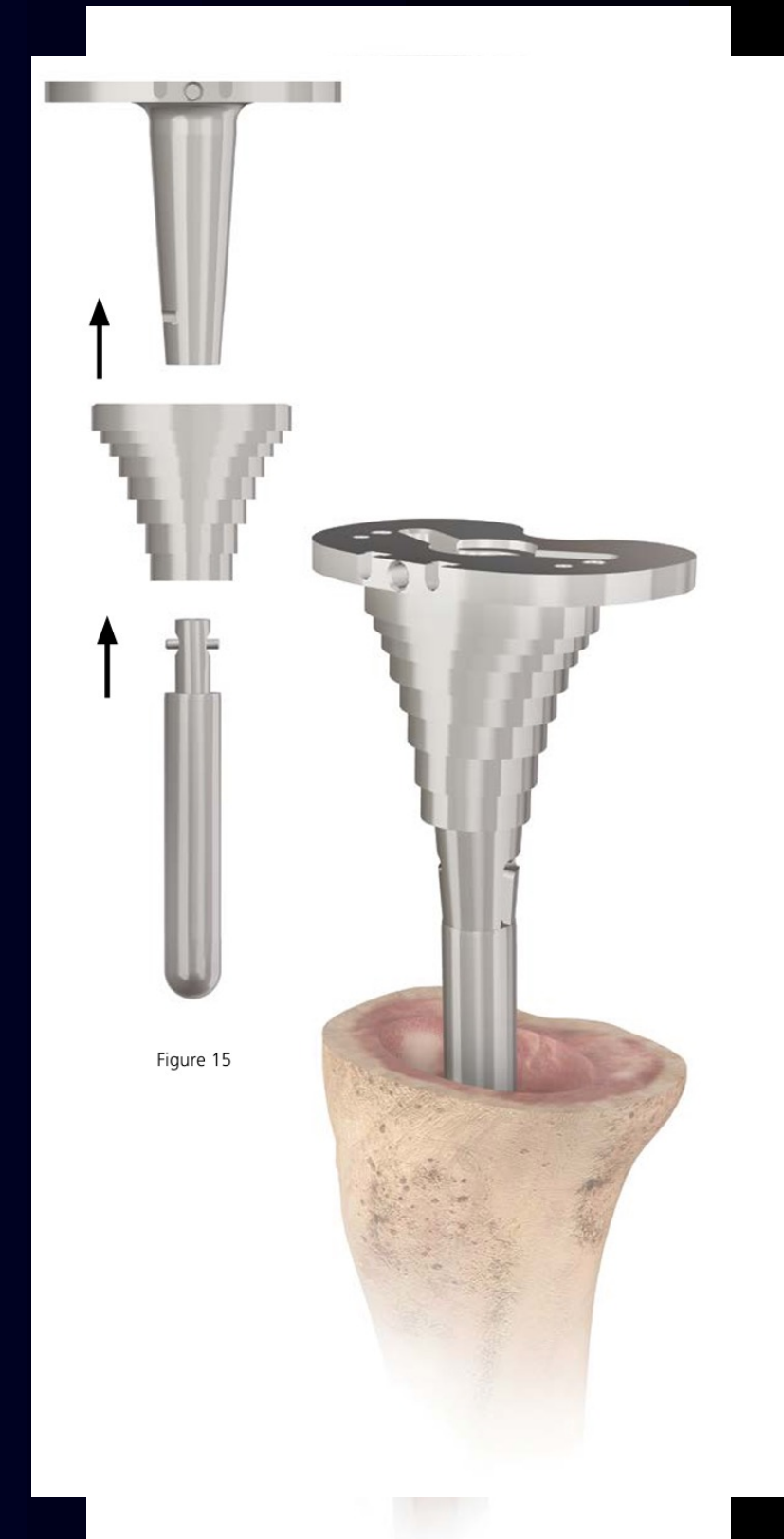
- Sleeve
  - Direct fixation
  - Immediate loading
  - Strong primary fixation
- But:
  - No independent prosthesis positioning
  - “Slave to the sleeve”
  - Longer, uncemented stems



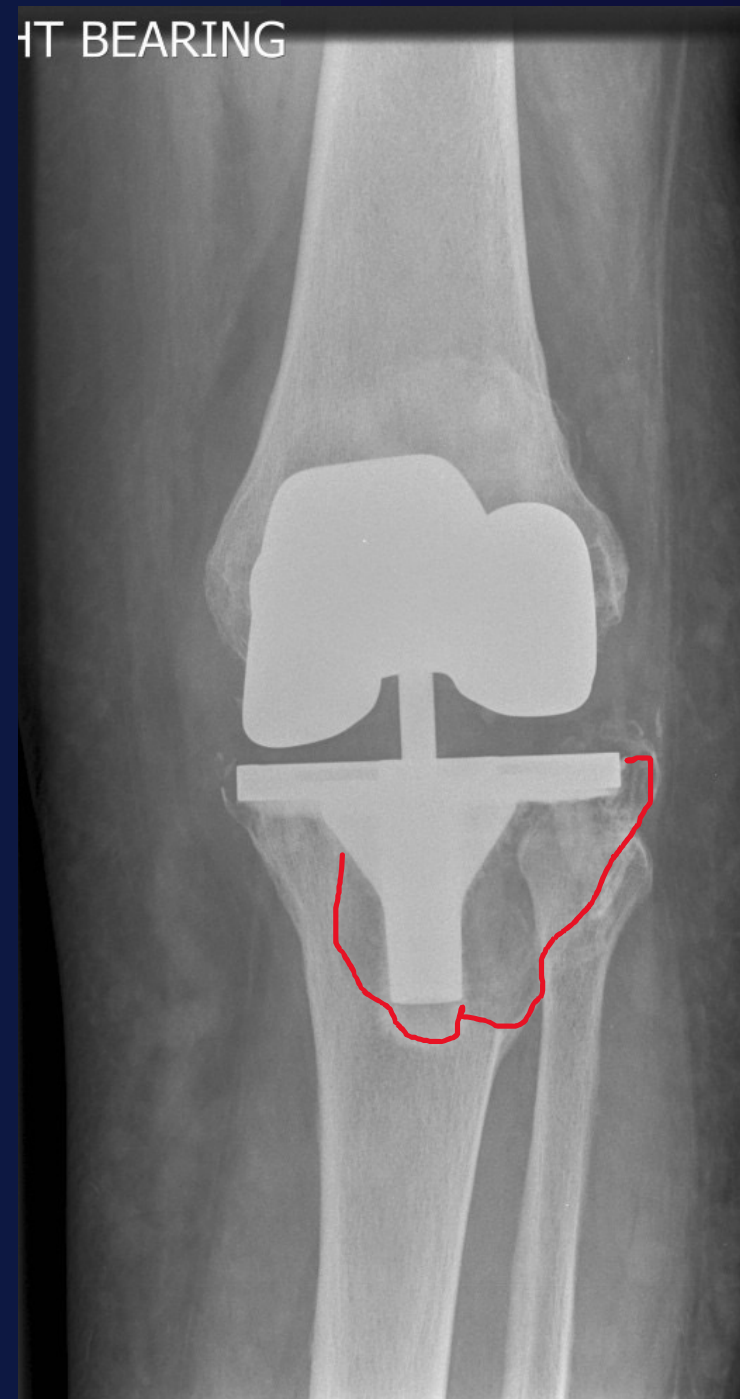


# Zone 2: Metaphysis

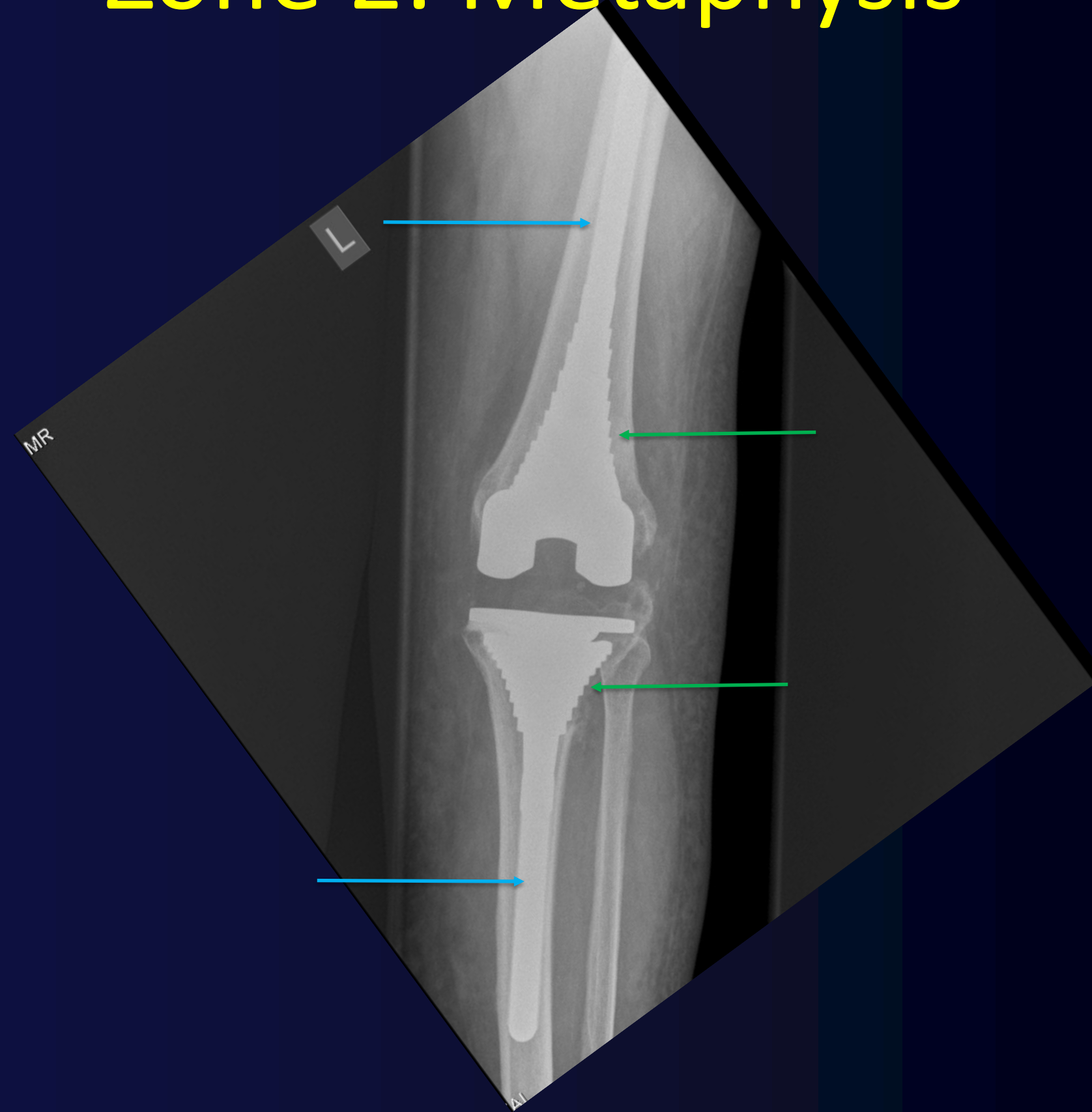
- Sleeve
  - Direct fixation
  - Immediate loading
  - Strong primary fixation
- But:
  - No independent prosthesis positioning
  - “Slave to the sleeve”
  - Longer, uncemented stems



# Zone 2: Metaphysis

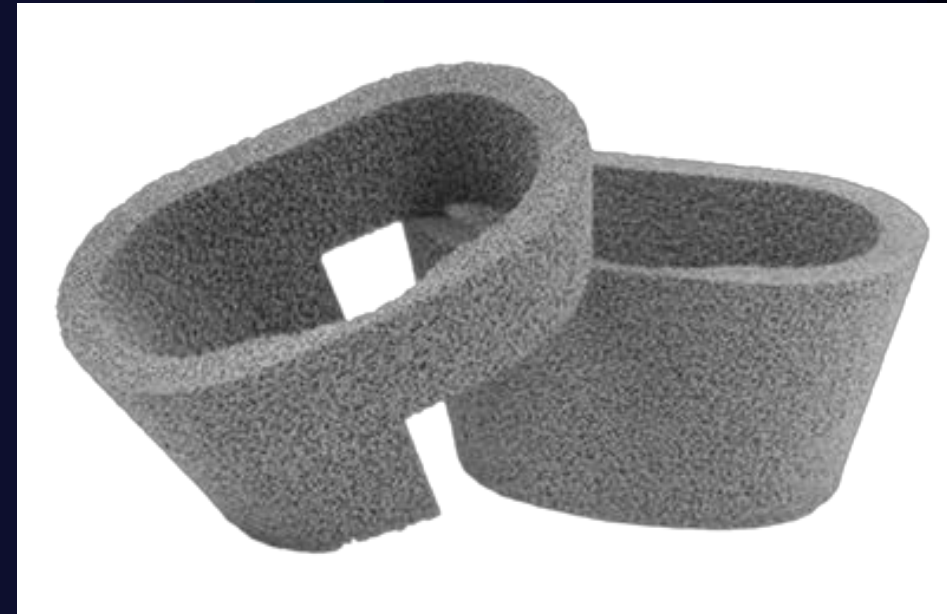


# Zone 2: Metaphysis



## Zone 2: Metaphysis

- Cones
  - Metaphyseal augment
  - Uncemented bone/cone interface
  - Cemented Cone/implant interface
  - Independent implant positioning
  - Shorter stem



# Zone 2: Metaphysis

- Cones
  - Metaphyseal augment
  - Uncemented bone/cone interface
  - Cemented Cone/implant interface
  - Independent implant positioning
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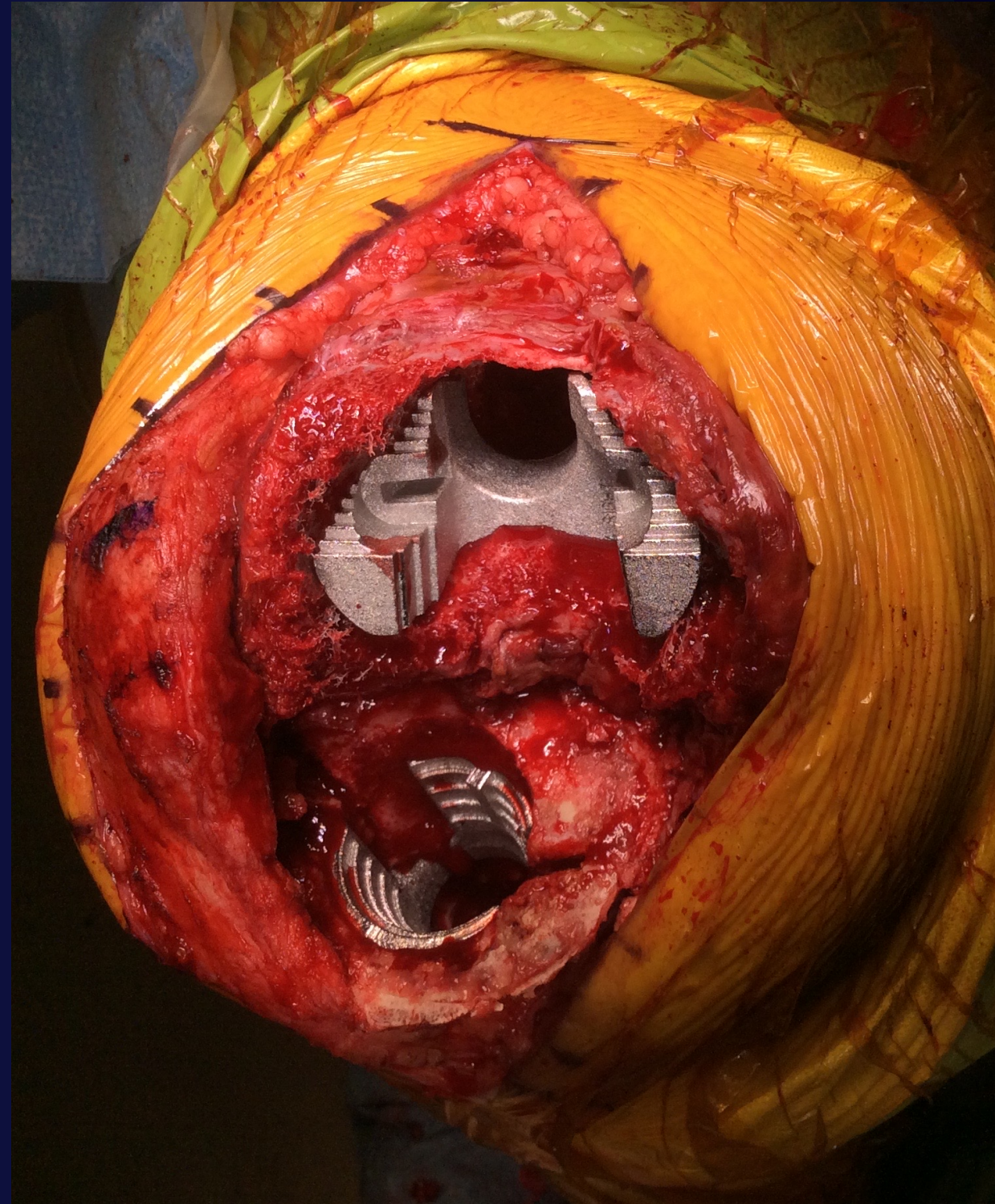


# Zone 2: Metaphysis

- Cones
  - Jig-based preparation
  - Reproducible fit
  - Strong primary fixation
  - Easier to restore joint line

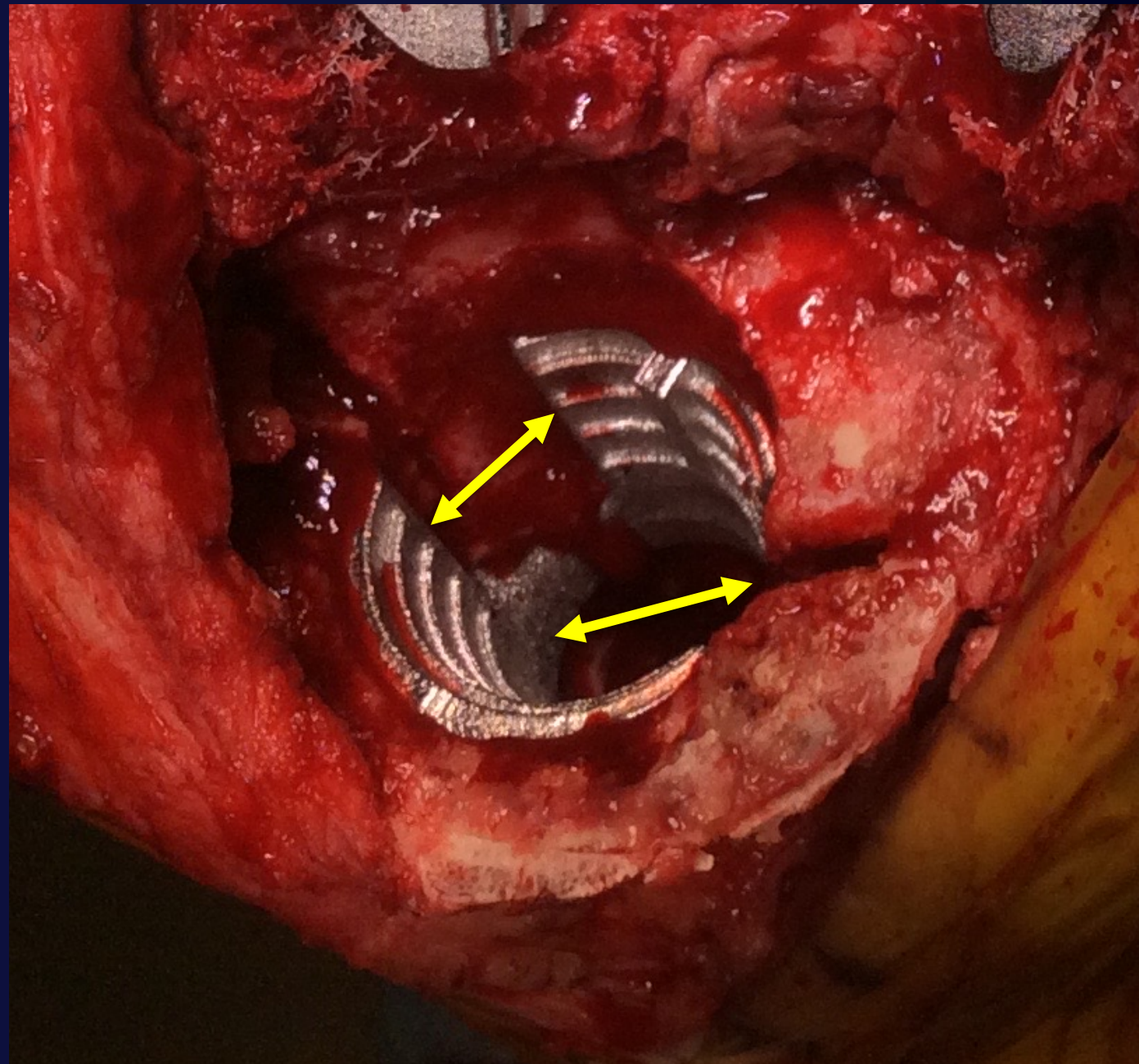


## Zone 2: Metaphysis



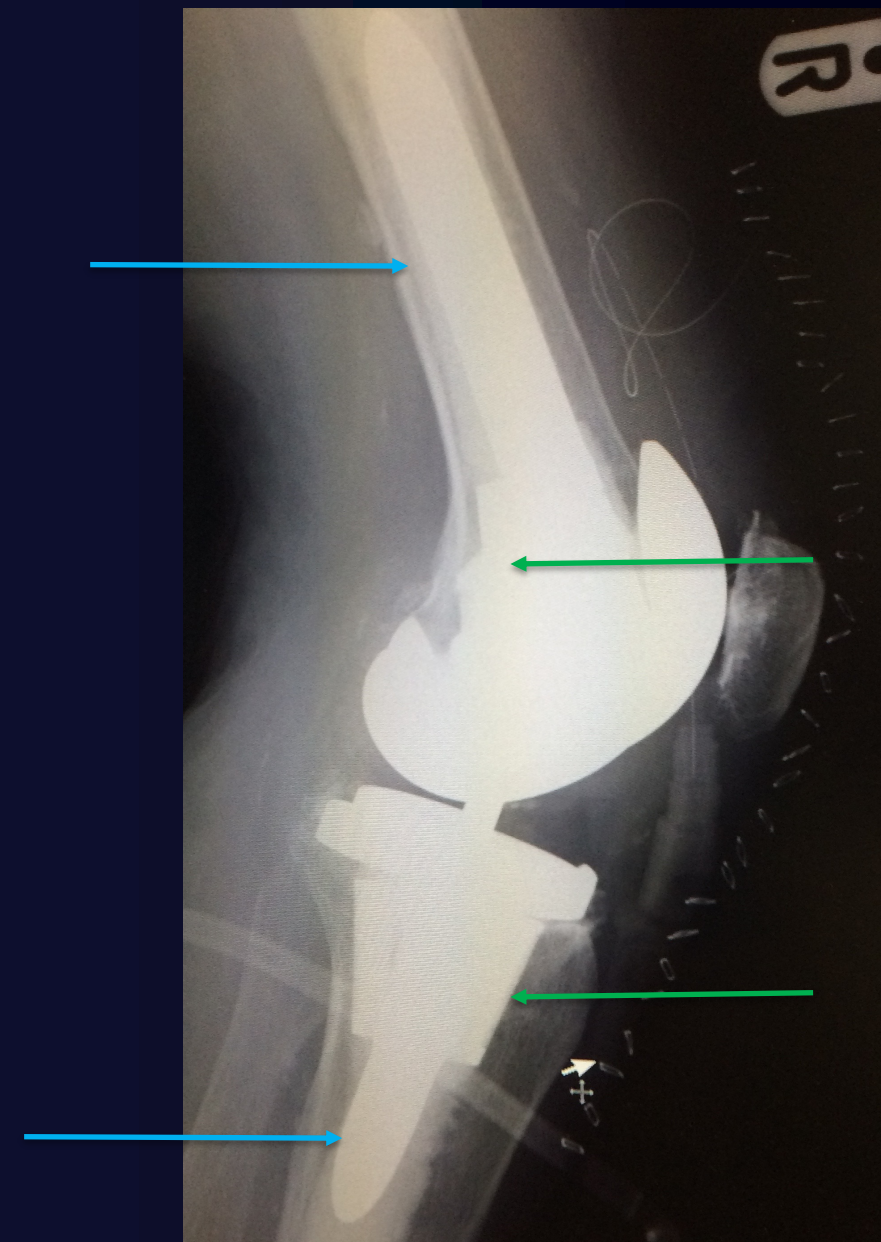
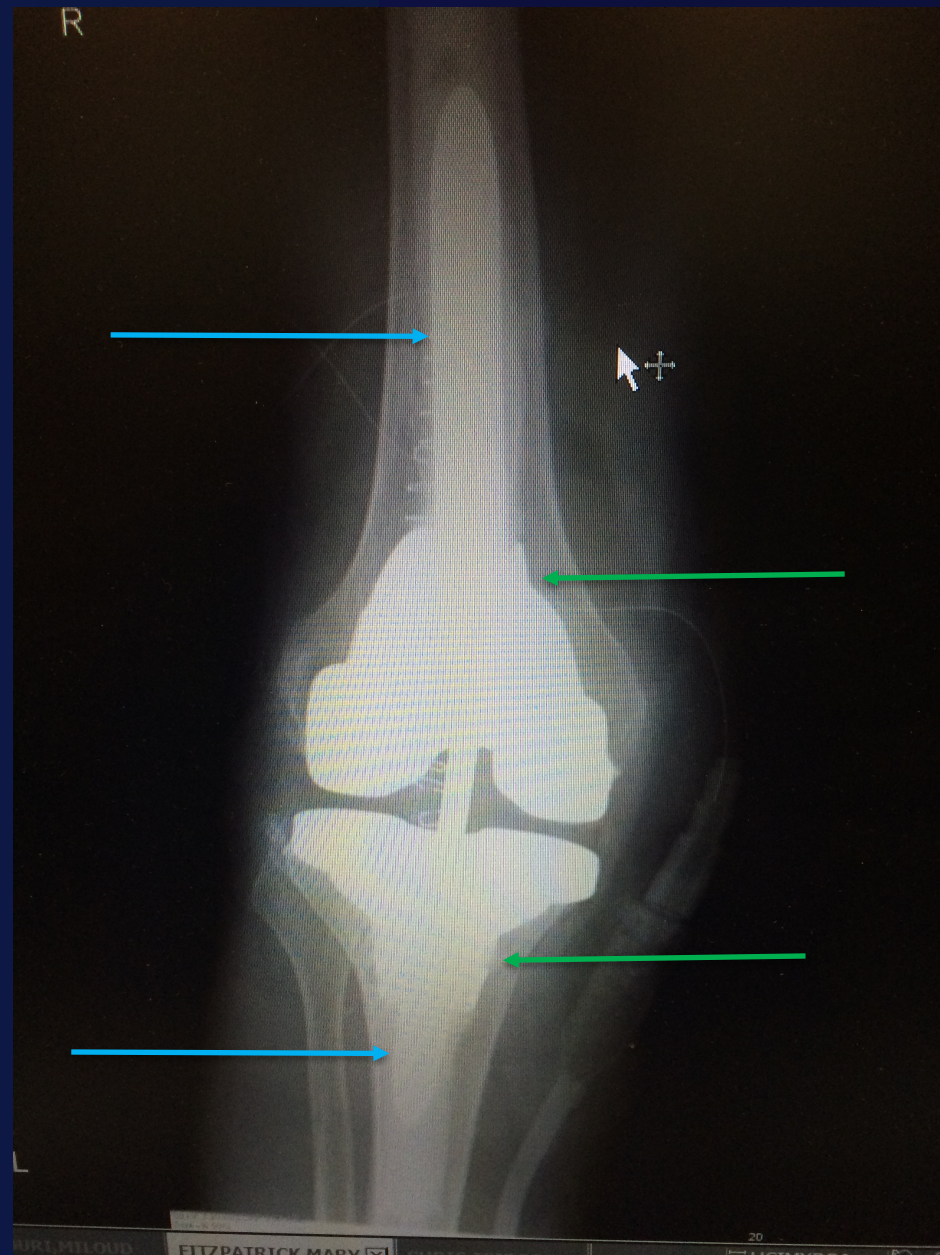


## Zone 2: Metaphysis





# Zone 2: Metaphysis



# Cone vs Sleeve



Vs.





# Cone vs Sleeve



Contents lists available at [ScienceDirect](#)

## The Journal of Arthroplasty

journal homepage: [www.arthroplastyjournal.org](http://www.arthroplastyjournal.org)



Proceedings of The Knee Society 2021

### Survivorship of Metaphyseal Cones and Sleeves in Revision Total Knee Arthroplasty



Mark J. Heidenreich, MD, Brent A. Lanting, MD, MSc, FRCSC,  
Richard W. McCalden, MD, FRCSC, Douglas D. Naudie, MD, FRCSC,  
James L. Howard, MD, MSc, FRCSC, Steven J. MacDonald, MD, FRCSC,  
Edward M. Vasarhelyi, MD, MSc, FRCSC\*



*Division of Orthopaedic Surgery, Department of Surgery, Schulich School of Medicine & Dentistry, Western University, London, Ontario, Canada*

# Cone vs Sleeve

**Metaphyseal**

74

65 patients with

2 patients v

7 patients with b

cone in th

8

22 fem

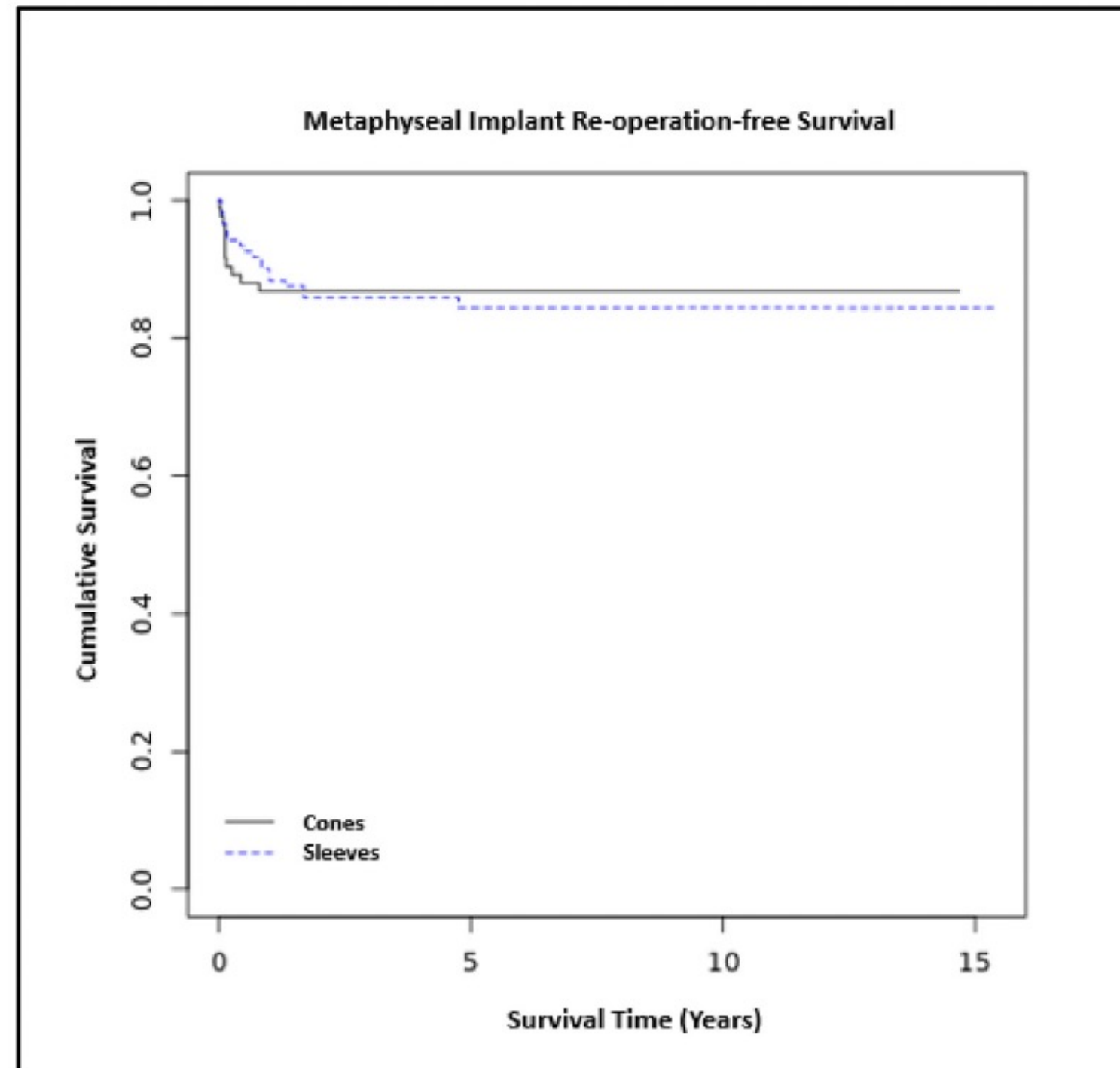


Fig. 3. No difference in Kaplan-Meier estimates for all-cause reoperation-free survival for cones and sleeves ( $P = .84$ ).

**es**

tibial sleeve

I sleeves

ral and tibial

al knee

bial

Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

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The Knee Society 2021

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sarhelyi, MD, MSc, FRCSC\*

\*Surgery, Department of Surgery, Schulich School of Medicine & Dentistry, Western University, London, Ontario, Canada



Check for updates



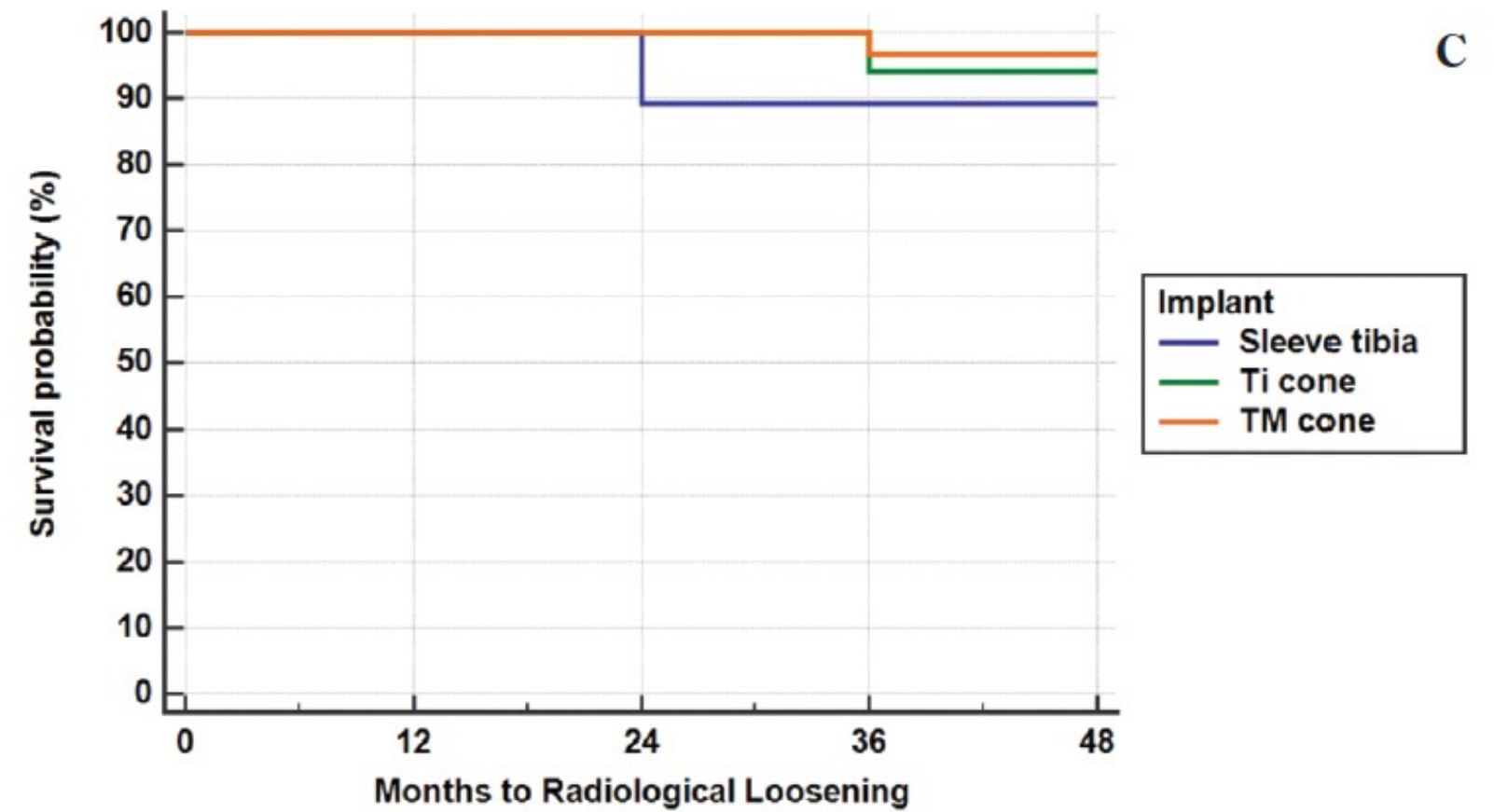
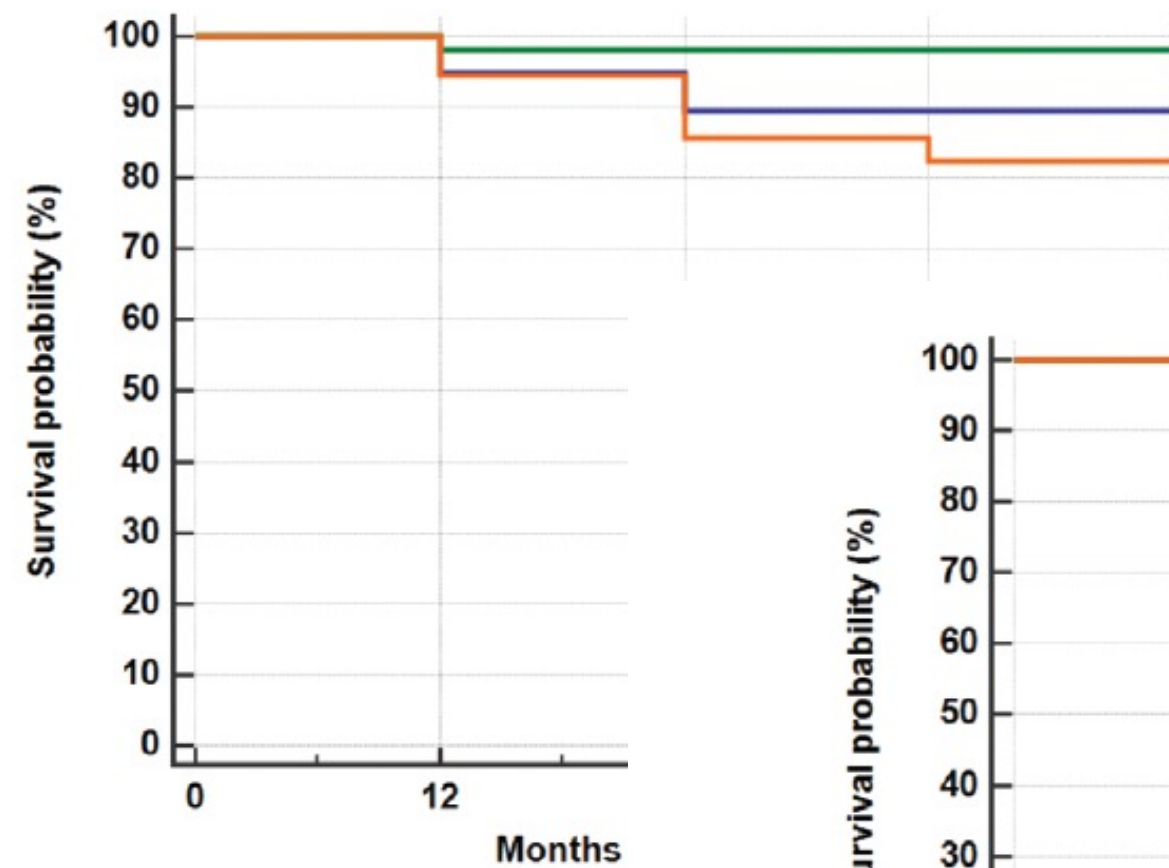
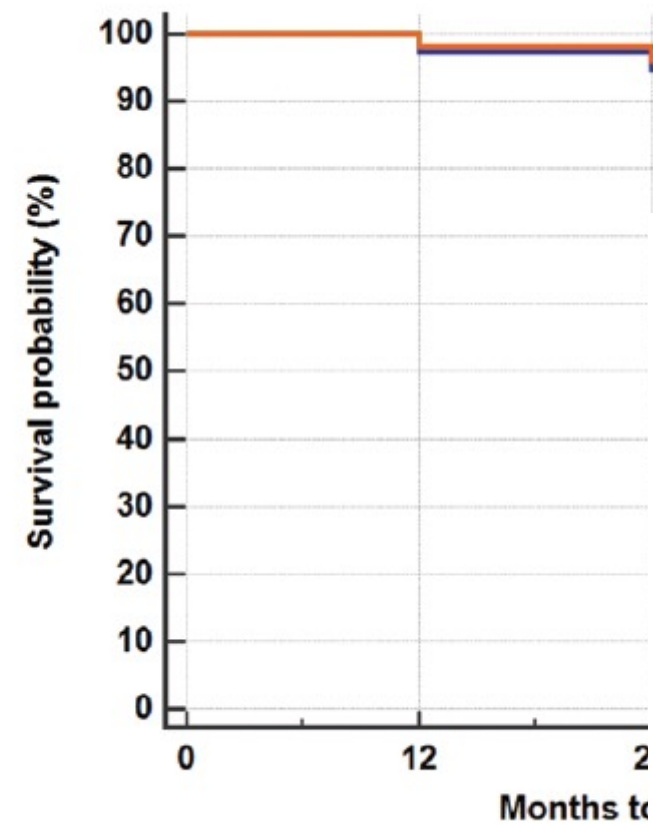
# Cone vs Sleeve

## **SURGICAL MANAGEMENT OF TIBIAL BONE LOSS IN REVISION TOTAL KNEE ARTHROPLASTY: CLINICAL OUTCOMES AND RADIOGRAPHIC ANALYSIS OF TANTALUM CONES, TITANIUM CONES AND TITANIUM SLEEVES**

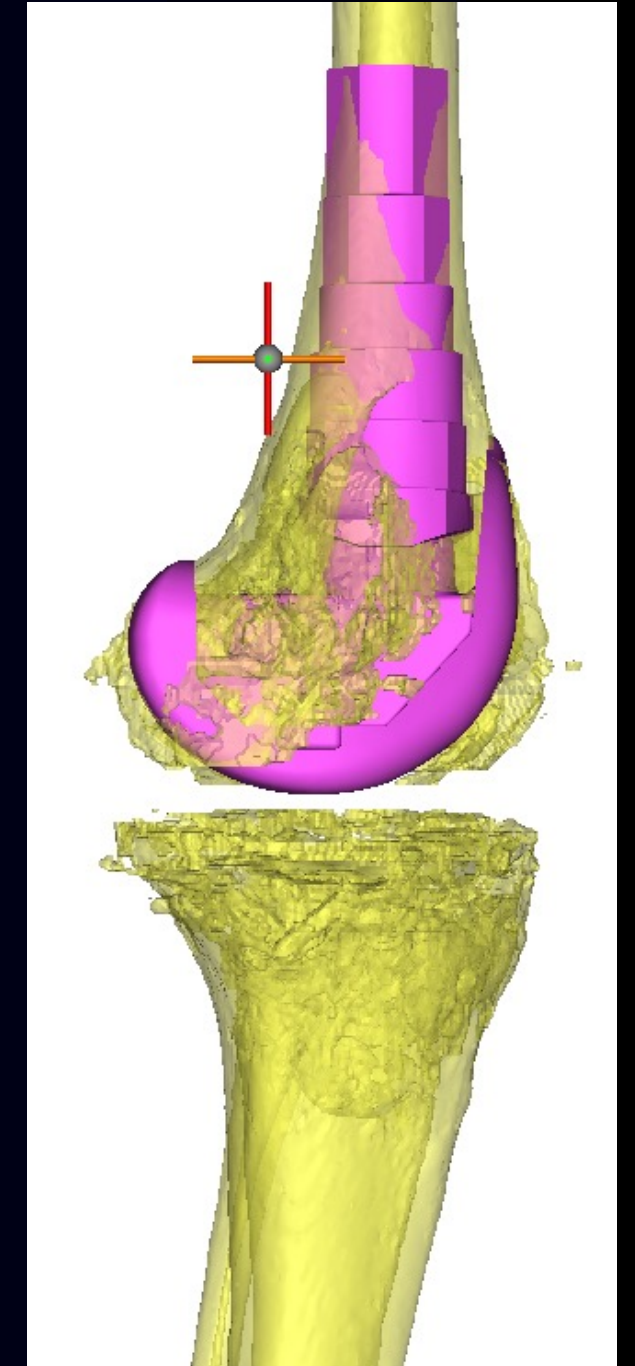
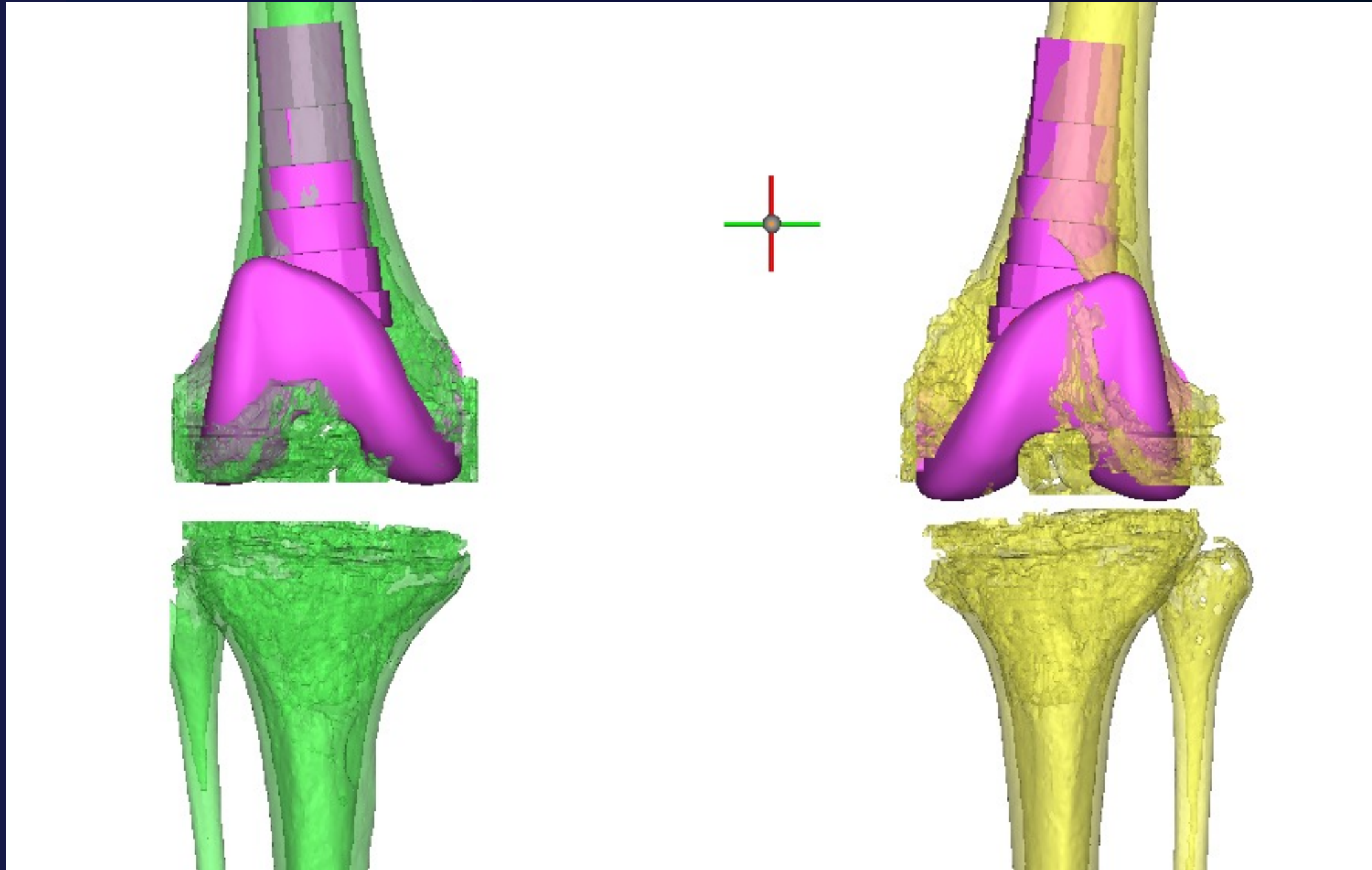
Emmanuel Gibon, MD, PhD<sup>1</sup>; Terrie Vasilopoulos, PhD<sup>2</sup>; Edvinas Sipavicius, BS<sup>1</sup>; Justin T. Deen, MD<sup>1</sup>;  
Hernan A. Prieto, MD<sup>1</sup>; Chancellor F. Gray, MD<sup>1</sup>; Hari K. Parvataneni, MD<sup>1</sup>; Luis Pulido, MD<sup>1</sup>



# Cone vs Sleeve



# Clinical Case



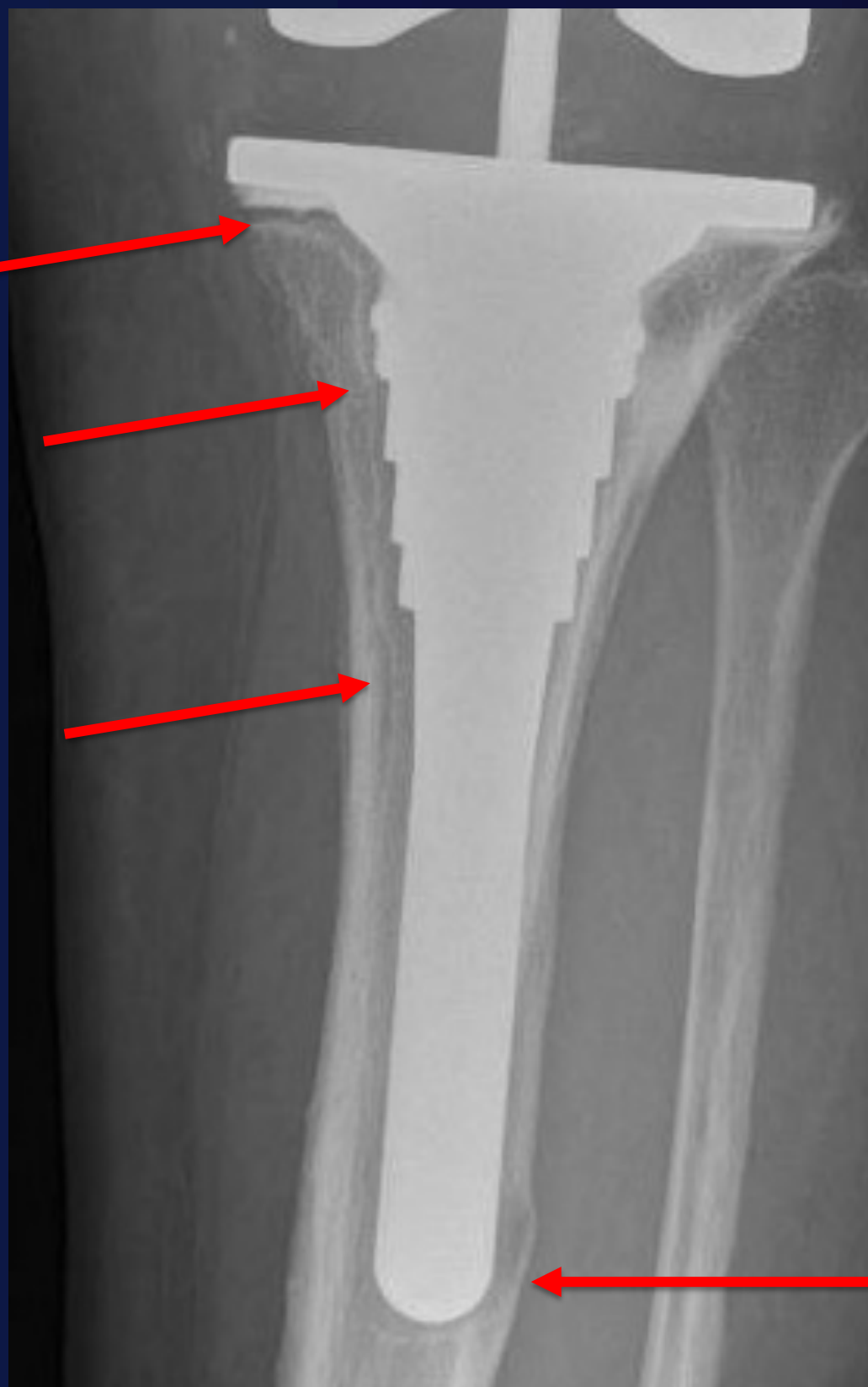






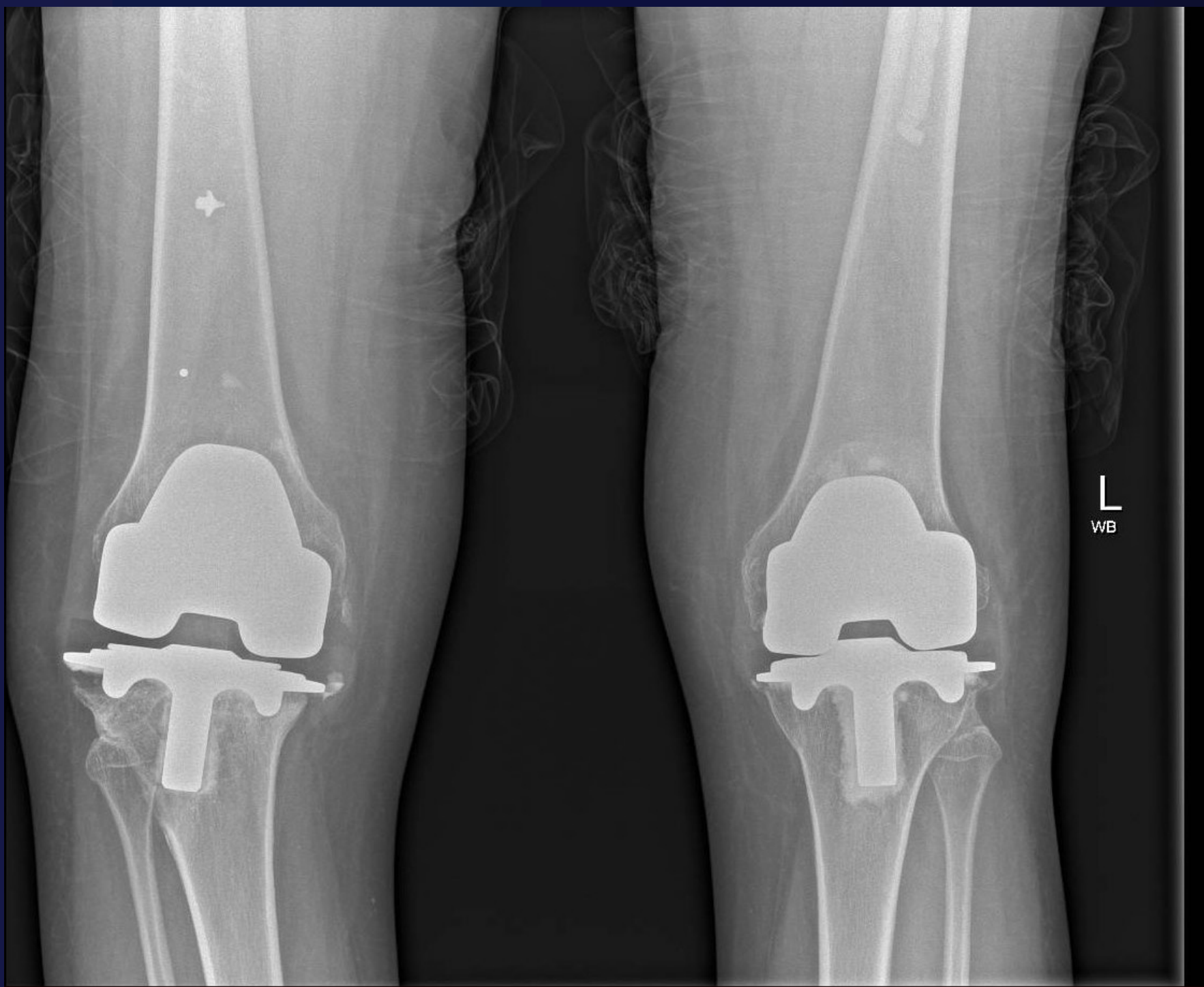
24 months post-op



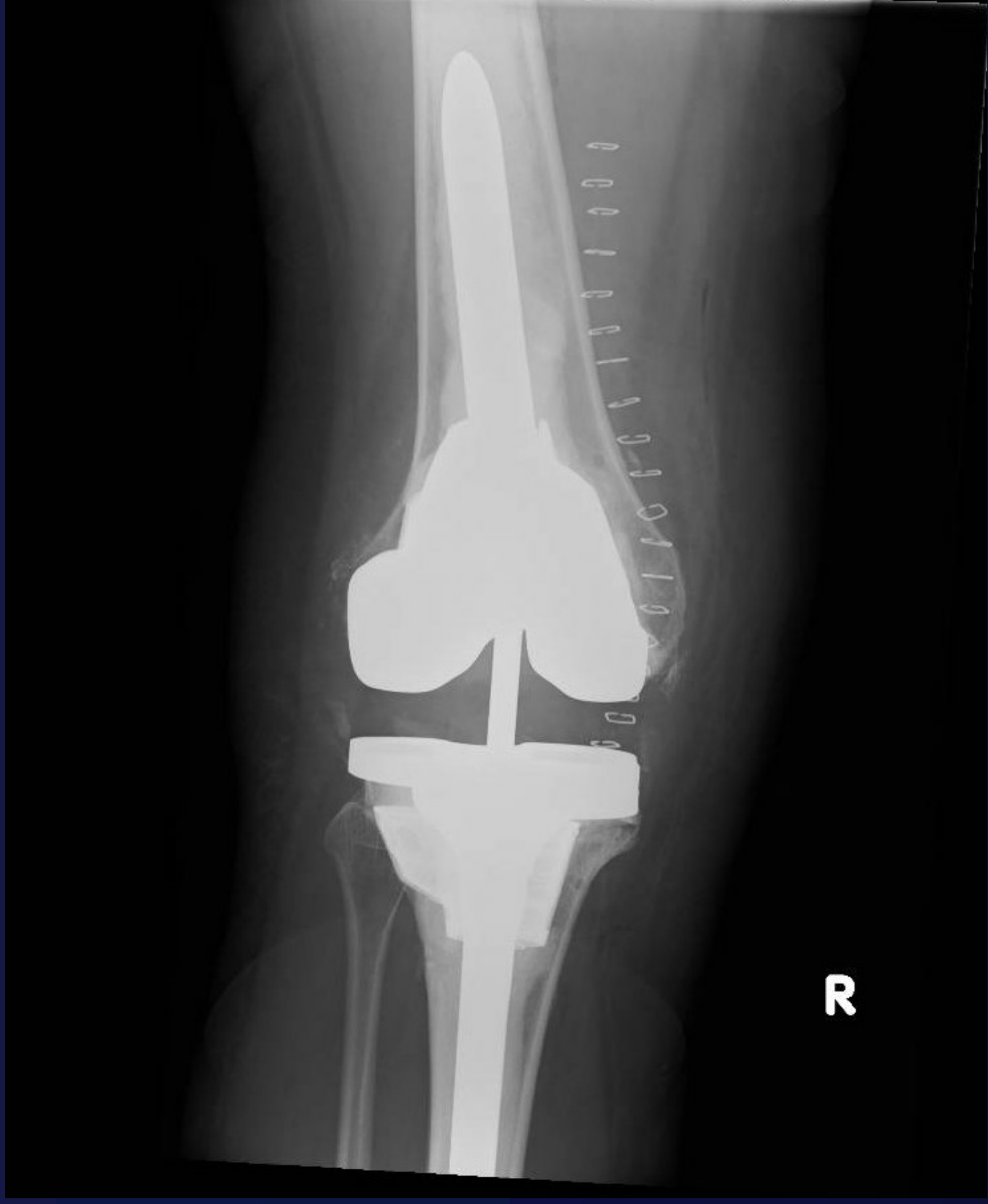


24 months post-op



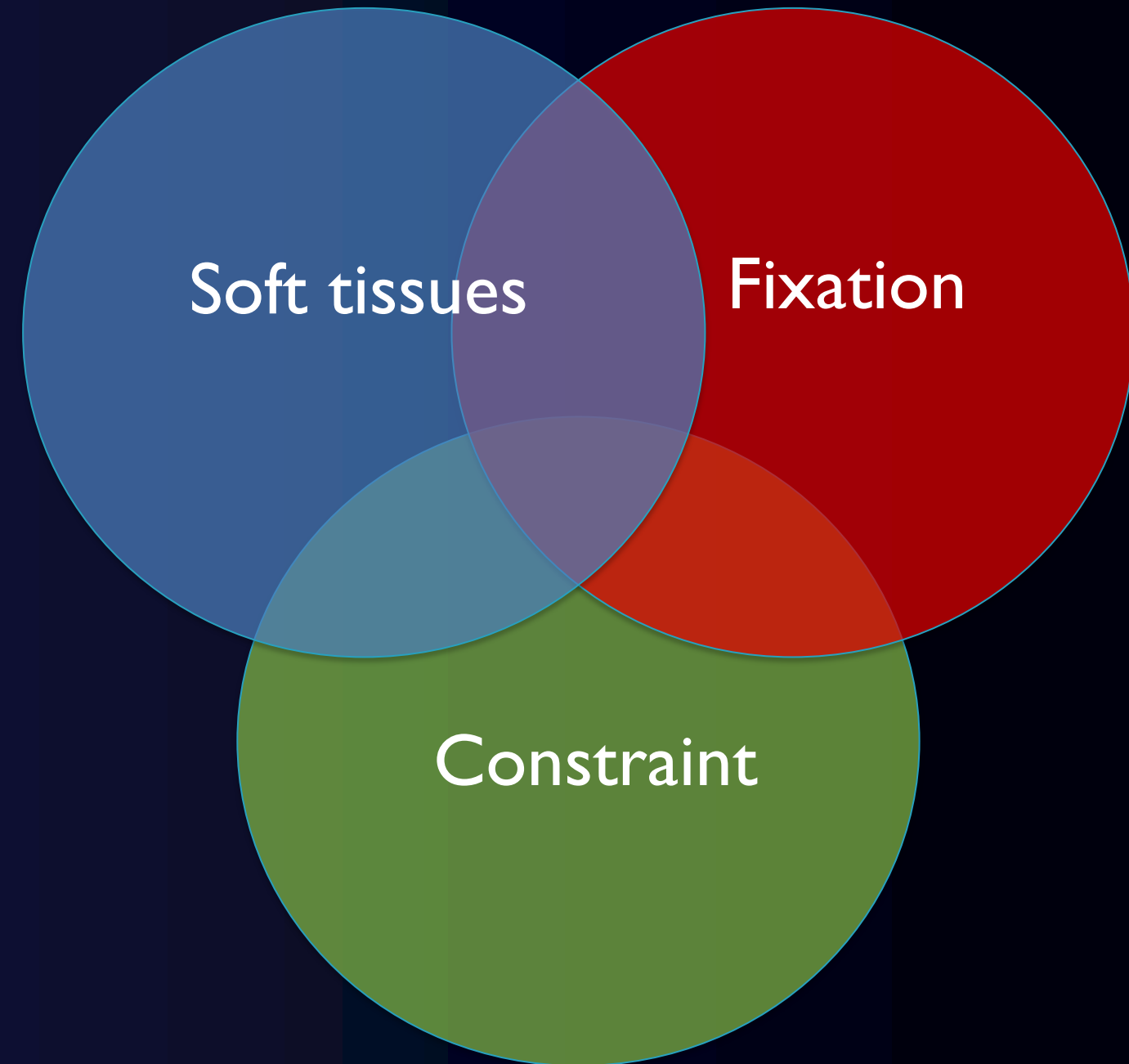






# Conclusion

- Use zone 2
- Sleeves and cones offer good solutions to zone 2 fixation
- Choice may be driven by system/supplier
- Meticulous technique required regardless
- Cones offer the flexibility I prefer





# Thank you



Elective Orthopaedic Centre @ Grafton Way Building, UCLH